

WELCOME TO OUR

# Newsletter

*Calling all Cattle Queens*



HAY GIRL, HOW ARE YOU?

## Association Update

We kicked off the calendar year with a productive meeting at the Annual Cattlemen's Meeting and Banquet in early January. We continued discussions on planning for this year's Ohio Beef Expo, gearing up for our 60th OCA anniversary celebration and the cattle drive for hunger. You can find more information on each event in this newsletter!

One of the highlights of the OCW annual meeting was the installation of new officers for the 2024 calendar year. First off, we want to thank past president Connie O'Connell for her leadership over the past 5 years (serving 2 years as President and 3 years as VP). Her knowledge and dedication to the beef cattle industry is second to none.

### Newly Installed Officers:

**President:** Brenda Kocher

**Vice President:** Brooke Gibbons

**Treasurer:** Linda Harr

**Secretary:** Emily Zollinger



(LEFT TO RIGHT: EMILY ZOLLINGER, BRENDA KOCHER, BROOKE GIBBONS, LINDA HARR)

## New Member Alert

### WELCOME TO OUR NEW MEMBERS!

Let's welcome our new members to Ohio Cattlewomen! Meet Elizabeth Porteus, a 3rd year veterinary medicine student at The Ohio State University. She graduated from The Ohio State University, majoring in Animal Science and Meat Science. Elizabeth grew up on her family's beef and crop operation in Coshocton, Ohio where her love for livestock grew into a passion for veterinary medicine. When asked what drew her to Ohio Cattlewomen, her response was "It is important to me to have fellowship with professional like minded women that have a strong desire to serve the community and build the future of women in agriculture."

Elizabeth hopes to return to Eastern Ohio and provide veterinary services to Coshocton and surrounding areas.





## 2024 OHIO CATTLEWOMEN SCHOLARSHIP WINNER!

This year's Ohio Cattlewomen scholarship winner is Makayla (Feldner) Heil of Caldwell, Ohio. Her parents are Jason and Jeanette Feldner. Makayla is in her third year of veterinary school at The Ohio State University. After graduation, Mikayla plans to work in a mixed animal practice in Southeastern Ohio.

[MORE ON OCW SCHOLARSHIPS](#)



## Coming Up

**WOMEN IN RANCHING  
EDUCATION & DEVELOPMENT**

We will be joined by Keynote speaker Temple Grandin at the division 1 WIRED event in Wooster, Ohio on April 5 & 6

[FIND OUT MORE](#)



## Ohio Beef Expo

**35TH ANNUAL OHIO BEEF EXPO**

Join us in this fun filled event to bring education, breed sales, youth shows, industry retail opportunities and more to Central, Ohio.

[EVENT DETAILS](#)



# An Industry First

## CELEBRATING 60 YEARS OF COLLABORATION AND SUCCESS WITH OHIO CATTLEWOMEN!

In January 1964, forty one women interested in the cattle industry met for the first time and the 'Buckeye Cow Belles' were born. Ohio became the 26th state to become affiliated with the American National Cow Belles. Their focus was plain and simple; get acquainted with other farmer/rancher women in the area, enhance public relations with those who buy our meat at the counter and promoting the beef industry. The Cow Belles were an organization well known in western states but practically unknown in Ohio at the time. This group of ladies had confidence in their ability to succeed with the support of Ohio Cattle Feeders Association who were our husbands, fathers, sons and brothers!

During the 1960's, the Cow Belles were active in beef promotion at local events, they promoted beef education in cookings schools and demonstrations, recipe contests, television shows, newspapers and magazine articles. They encouraged youth through sponsorship of 4-H beef award winners and their participation in the National 4-H Club Congress, and presenting trophies to the winners of the Grand and Reserve Grand Champion steers at the Ohio State Fair. Buckeye Cow Belles became the Ohio Cow Belles in 1968 and in 1987 voted to change the name to Ohio Cattlewomen to align with the national organization ANCW. To this day, our mission remains the same; to advocate, educate and promote the beef industry and to create a community for the women in it!

Mark your calendars for the 60th Anniversary Ohio Cattlewomen celebration on Saturday October 5th, 2024.

Top photo: Ohio Cattlewomen at the Ohio Farm Science Review in 1995, Middle photo: Former OCV Presidents in 1984 and Bottom Photo of Mrs. Betty Grum, one of three Ohio Cattlewomen to become National ANCW presidents

## RECIPE: COWBOY BEEF STEW

### INGREDIENTS:

- 2-1/2 pounds beef Stew Meat, cut into 1-inch pieces
- 1 package (12 to 14 ounces) dried bean soup mix with seasoning packet (not quick cooking)
- 2 cans (14-1/2 ounces each) diced tomatoes with green peppers and onion
- 2 tablespoons vegetable oil
- 1 can (14-1/2 ounces) beef broth
- 3 cups frozen diced or hash-brown potatoes (optional)

### COOKING:

1. Soak beans in water overnight in refrigerator according to package directions. Reserve seasoning packet.
2. Coat beef Stew Meat with seasoning from reserved packet. Heat 1 tablespoon oil in large stockpot over medium heat until hot. Brown 1/3 of beef; remove from stockpot. Repeat twice with remaining oil and beef, adding additional oil as needed.
3. Pour off drippings; return beef to stockpot. Drain beans; discard water. Add beans, tomatoes and beef broth to stockpot. Bring to a boil. Reduce heat; cover tightly and simmer 1-3/4 to 2-1/4 hours, or until beef is fork tender and beans are soft.
4. Stir in potatoes, if desired; bring to a boil. Reduce heat; continue simmering, uncovered, 5 to 7 minutes or until potatoes are tender, stirring occasionally. Season with salt and pepper, as desired.



Join us today!

HAVE ANY QUESTIONS ABOUT BECOMING A MEMBER?

Excited to get involved? Fill out the form linked below or navigate to our website and reach out to one of our officers for assistance.

[MEMBER FORM](#)

Feedback? Let us know how we're doing | [emilyosul2@gmail.com](mailto:emilyosul2@gmail.com)

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